Tobacco smoking and binge drinking among university students in three European countries, 2009-2017

Tavolacci MP1, De Bruyn S2, Van der Heijde C3, Vonk P3, Ladner J4, Van Hal G5.

1 CIC 1404, and INSERM 1073, Rouen University Hospital, France. 2 Dpt of Sociology, university of Antwerp, Belgium; 3 Student Health Service, university of Amsterdam, Netherlands; 4 Dpt of Epidemiology and Health Promotion, Rouen University Hospital, France; 5 Social Epidemiology and Health Policy, University of Antwerp, Belgium

OBJECTIVE

Identify the trend of tobacco smoking and binge drinking among university students of Belgium, France and the Netherlands over a 8 years period

CONCLUSION

Risk behaviours as tobacco smoking and binge drinking in university student show a different prevalence according to country. Tobacco smoking decreases in country with high prevalence, frequent binge drinking did not change during the 8 years period. Further analyses need to be conducted taking into account the curriculum and the socio-demographic characteristics.